

7<sup>th</sup> February 2017

# YELLOWWOODS

NEWS

MUSIC MATTERS!



Thank you for entrusting your children to us and for allowing us to be encouraged and energised by what we see in them.

Yours Sincerely

Ignus Potgieter

Dear Yellowwoods Community

Our parking lot at the school was a hive of activity over the last two weeks. The Senior Primary classes did a fitness assessment called the "Bleep Test." This was all part of the Religious Studies programme at Yellowwoods. Now you may rightly ask what a fitness test has to do with religion. The answer is quite simply that I believe that one must adopt a balanced approach to life in which you look after all aspects of your being. To this end I am challenging the senior classes regarding their dreams and future aspirations with this principle in mind; your dreams will only come true if you have a plan in place that includes steps that you can take every single day to work towards the goals that you set. All of our senior learners have incredible ambition; we have lawyers, doctors, engineers, professional athletes, professional chefs, pilots and even a couple of career soldiers! We at Yellowwoods are supremely committed to assisting these young professionals in every and any way possible to make their dreams and aspirations a reality. One of the things that we instil in our learners is that a healthy body harbours a healthy mind. The rigours of studying to become a medical specialist or chartered accountant demand of them to be able to concentrate for long periods of time and this is only possible when your mind is sharp and healthy. Everyone now has a plan in place to improve on their personal fitness and general health – including me!

All these exercises and talks about achieving your personal goals and reaching your dreams reminded me of how much power we actually possess. Anything is possible if we are prepared to work hard, remain focused and approach everything with dogged determination. I am truly blessed by so many of our learners whom I can see possesses everything that is required to reach heights that even they do not yet believe are possible. It is a privilege to be in the presence of these young men and women and to witness how they grow in so many different ways on a daily basis.



On the 24th January, Tara Ferreira went to Cradock for the second round of Tennis Trails. She has been selected to be part of the EP Midlands Tennis Squad. We at Yellowwoods are extremely proud of her and wish her the best of luck for the future. Well done also to Catherine Nel and Le Roux Botha who competed in the first round of trials.

## IN THE CLASSROOM

Dear Parents, we are pleased to announce that Mrs Alison Langston will be offering private music lessons at Yellowwoods Preparatory School this term.

- Beginner and intermediate recorder lessons @ R65 per half hour lesson.
- Beginner and intermediate flute lessons @ 75 per half hour lesson.
- Beginner group guitar lessons @ R50 per 45 minute lesson.

Lessons won't include exams, and rather focus on learning to play for fun.

If you are interested please contact Alison Langston on [083 442 1945](tel:0834421945) for more information.

## IMPORTANT DATES

- **Wednesday 8<sup>th</sup> February** – U/13 Cricket match in Grahamstown.
- **Thursday 9<sup>th</sup> February** – U/11 Cricket match in Grahamstown.
- **Friday 10<sup>th</sup> February** – Mini Cricket Festival at St Andrews Prep and Grade 1 Bakerman: Samoosa and Steri Stumpi for R25.
- **Monday 13<sup>th</sup> February** – U/13 Cricket match vs Gill away.
- **Wednesday 15<sup>th</sup> February** – U/13 Cricket match in Grahamstown and U/9 Athletics in Cradock.
- **Thursday 16<sup>th</sup> February** – U/11 Cricket match in Grahamstown.
- **Friday 17<sup>th</sup> February** – Grade 7 Bakerman.

